

# SEAKAYAK HOLIDAYS KIT LIST



## **Camping gear :**

- Sleeping bag
- Head torch, Mug, plate and cutlery (available for loan)
- Dry bags (2 x 20 litre and 2 smaller ones) – we have available for loan

## **Paddling gear :**

- Quick dry shirt (a long sleeve shirt – a “running top” or “rashy” is ideal)
- Quick dry or neoprene shorts
- Waterproof paddling jacket (cagoule)
- Swimming costume
- Sport sandals, water shoes, neoprene booties or ‘cros’
- Hat and sunglasses with retaining straps, sunscreen

## **Additional paddling gear :**

- Neoprene or “Reed” trousers, Extra base layer
- Warm hat, Pogies or gloves

## **Dry clothes :**

- Pair of trainers or walking shoes
- 2 t-shirts or similar
- shorts, trousers, thermal top base layer, fleece, Warm hat, Windbreak jacket, Underwear and socks

## **Other :**

- Toiletries, Medications, towel, Sunscreen, Insect repellent
- Wet-wipes, Toilet paper, Book, Phone, power bank, charging cables
- Waterproof camera or camera in a waterproof case/container

## **Snorkelling gear**